

# Welcome Booklet



network  
case management

Network Rehabilitation Group  
Rehabilitation Support Services | Network Case Management Services

## Our Purpose

We empower people to lead purposeful, fulfilling lives that align with their goals.

## Our Values

We recognise the **value of respect**

We make a **meaningful difference**

We are **ethical**

We **work in collaboration**

# Welcome

Our purpose is to empower people to lead purposeful, fulfilling lives that align with their goals. As a family owned and run organisation, we pride ourselves on knowing our Participants and delivering the highest quality service and supports. Our reputation in supporting the physical and mental wellbeing of individuals in the community is unrivalled. As a registered NDIS provider, we understand that every person living with a disability has different needs and we strive to deliver the supports you need to achieve your individual NDIS goals. In addition to working with the NDIS, we also support clients of the Public Trustee, Private Trustees and The Insurance Commission of Western Australia.

Our approach is always person-centred, working in partnership with the Participant and their family and providers to ensure their goals are achieved and they experience an improved and maintained quality of life.

Our person-centred approach flows through every aspect of our organisation, including empowering Participants or their family to be involved in every aspect of fulfilling their NDIS plan. We believe the providers in your life need to be the right fit, so we will work with you and the providers to make sure you are the perfect match for each other.

Network Case Management Services is proudly part of the Network Rehabilitation Group, which also provides assistance with Daily Living, Community Participation, Personal Care, and Transport under the trading name Rehabilitation Support Services.

Thank you for choosing Network Case Management Services. Our team is looking forward to supporting you!

## What we do

We provide Support Coordination and Case Management services to people who:

- Have Level 2 Support Coordination within their NDIS plan.
- Have Level 3 Specialist Support Coordination within their NDIS plan.
- Have Psychosocial Recovery Coaching within their NDIS plan.
- Are Insurance Commission of WA clients who require Case Management.
- Are a Public or Private Trustee client who requires Case Management.

## Who will support you

You will receive support from your dedicated Support Coordinator, Specialist Support Coordinator or Case Manager as well as our Network Rehabilitation Group office team that you, your family or nominee will speak with on the phone when you call through.

## What is Support Coordination?

Support Coordination is all about helping you understand the NDIS, and your NDIS plan, linking you in with the service providers you like, so you can reach your goals! Support Coordination is also about educating you about the NDIS and empowering you to make positive life choices. Your Support Coordinator is your NDIS expert who works with your service providers and creates necessary reports when your situation changes or your NDIS Plan is being reviewed.

You can expect your Support Coordinator to:

- Help you understand your NDIS Plan.
- Connect you with your supports and services.
- Design support approaches.
- Establish your supports.
- Coach, refine, reflect in terms of your supports and services.
- Targeted Support Coordination.
- Crisis: Planning, Prevention, Mitigation and Action.
- Build your capacity and resilience.
- Compile and create reports to the NDIA.
- Monitor and review your NDIS budget.

# What is Specialist Support Coordination?

If your needs are more complex, you'll receive Level 3 Specialist Support Coordination funding. This coordination is delivered by Coordinators whose qualifications and experience match your needs. Your Coordinator will work with you to support you to reduce and remove as many barriers as possible to allow you to use your NDIS funding and make positive life choices. Your Coordinator will work with all of your service providers to create plans so your life can run as smoothly as possible even when a crisis occurs. Just like a Support Coordinator, your Specialist Support Coordinator is your NDIS guru who works with your service providers and creates the necessary reports when your situation changes, or your NDIS Plan is being reviewed.

You can expect your Specialist Support Coordinator to:

- Help you understand your NDIS Plan and connect with the right supports and services.
- Design and establish tailored support approaches, including complex service plans.
- Coach, refine, and reflect on your support needs as they evolve.
- Provide targeted Support Coordination based on your individual goals and circumstances.
- Build your capacity, confidence, and resilience.
- Develop crisis plans and address any barriers to achieving your goals.
- Monitor your NDIS budget and prepare reports for the NDIA.

# What is a Psychosocial Recovery Coach?

A recovery coach is an NDIS funded worker that has mental health knowledge. Recovery coaches are a type of support available to participants with psychosocial disability. Their aim is to support participants with psychosocial disability in their recovery journey.

Recovery Coaches provide support to increase independence and social and economic participation.

You can expect your Recovery Coach to:

- Spend time with you, and people important to you, to get to know you and understand your needs.
- Help you learn about different services and supports, and how they can benefit you.
- Help you get support from mental health services.
- Help you better understand the NDIS and support you with the NDIS.
- Support you to live a full and meaningful life as chosen by you.

# What Support Coordination and Case Management are not

## **We are not a crisis service**

If you need support in a crisis, emergency services or your specialist medical care team are there to support you. However, **we can** help you plan how to manage conflict and crisis in your life when it does happen. It is our role to develop these plans with you, so you know what to do when something happens.

## **We are not your Psychologist or Counsellor**

**We can** listen to your concerns in relation to your supports or anything to do with your NDIS plan, and connect you in with a mental health specialist or counsellor if we feel you'd benefit from such a service.

## **We are not Advocates**

Whilst we will speak on your behalf to ensure your needs are met, if you require a formal advocate, **we can** put you in touch with an advocacy service.

## **We are not Plan Managers**

Whilst we help you to manage your NDIS funds, we don't process your invoices as this is a role performed by a Plan Manager. **We can** however help you to choose the right Plan Manager for you.

## **We are not available 24/7**

We are human too, and like to sleep and spend time with our family and friends.

**We can** take your call during office hours, 8.30am - 4.30pm Monday to Friday (not including public holidays).

## **We are not lawyers**

We can't advise you on legal matters, but **we can** help you to find someone to assist you with any legal matters you may have.

## **We are not financial advisors**

We can't advise you on your financial matters, but **we can** help you to find someone to assist you with any financial issues/concerns you may have.

## **We are not your mediator in situations of family conflict**

If you're having conflict within your family which is outside of our specified Coordination or Case Management role, **we can** refer you to a mediator who can work with you and your family to help resolve the situation.

## **We are paid to support you**

We are paid to work with you in the capacity of a Coordinator or Case Manager. This means we are required to maintain professional boundaries with you at all times, to facilitate your safety and wellbeing as well as our own.

## How your Coordination funds are used

The funding that you've been allocated for Support Coordination or Specialist Support Coordination will be used for:

- In-person meetings with you, your family, nominee, and your service providers.
- Phone calls and emails about your supports and NDIS plan.
- Research that's required to ensure you use your plan and fulfill your goals.
- Writing NDIS requested reports.
- Travelling to appointments, but only up to 30 minutes each way.
- Short notice cancellations.

## What is Case Management?

Our Case Managers will support you after your complex injury to access the services, treatments and supports you require to help facilitate transition from hospital to home, both during and after the rehabilitation phase. All our Case Managers are degree-qualified health professionals who will work with you and your care team to build your capacity to manage your personal circumstances. We work closely with your funding provider (Insurance Commission of WA, Public Trustee or Private Trustee) to ensure compliance and that your needs are reviewed on a regular basis.

## How your Case Management funds are used

The funds you've been allocated for your Case Management will be used for:

- In-person meetings with you, your family, or nominee and your service providers.
- Phone calls and emails about your supports and needs.
- Research that's required to ensure you use your funds and fulfill your goals.
- Writing quarterly progress reports.
- Travelling to appointments.
- Short notice cancellations.

# What you can expect from us

1. Once your referral is accepted you can expect that your Coordinator will request that you, your family or nominee sign a Service Agreement which includes an NDIS Consent to Share. Your Service Agreement outlines the services you will receive from Network Case Management Services and includes important Emergency and Disaster planning information as well as how to cease services if you're not happy.
2. Once we have received these, we'll submit the Consent to Share to the NDIS and will be able to access your NDIS information on your behalf.
3. We will work with you, your family or nominee to go through your current needs and your NDIS plan to ensure the two align.
4. If they don't, we'll make recommendations of additional supports you could benefit from. If these are not in your plan and they'd be highly beneficial, we'll work with the relevant supports to get the evidence we'll need to help you submit a Change of Situation form to the NDIS.
5. If you currently have support services, we'll make sure you're getting the highest quality supports from them.
6. If you have a new plan, we'll work with you to understand how your funding can be used, work out how many hours of each support you can access and communicate this to your providers and arrange their Service Agreements.
7. Once all your supports are set up, we'll check in with you, your family or nominee once a month by phone or email (whichever you prefer) to see how everything is going.
8. We don't want to use your funding if it's not necessary, so we'll only make in person visits as needed or a minimum of 4 times a year.
9. You, your family, or nominee can of course call us during office hours if something changes and you need our support.
10. Throughout the life of the plan, if your needs change, we will work with you to ensure your support needs are met.
11. Around 3 months prior to the end of your plan, we'll contact you and discuss what worked well in the current plan and your goals for the next plan.
12. At the same time, we'll contact your providers and prompt them to create their end of plan reports.



13. Once we receive these end of plan reports and we've met with you, we'll create our progress report and submit it to the NDIS at least 6 weeks before your plan ends so it can be reviewed prior to your planning meeting with the NDIS.
14. Once a date for your planning meeting has been set, we will let you know. You, your family or a nominee can attend with us in person or via video call if you choose to.
15. When your new plan comes through, we will ask that you send it through to us and the whole 15 steps start again.

## How to use your plan

**The NDIS delivers supports that are considered reasonable and necessary, but what is reasonable and necessary?**

1. Is the support or service related to your disability?
2. Is this an expense that is incurred because of your disability and not just an everyday expense? An everyday expense includes groceries, paying rent, car registration, everyday furniture, everyday clothing etc.
3. Will the support or service help you achieve the goals in your NDIS plan?
4. Is the cost of the support or service reasonably priced and is it the best value for money compared with other supports?
5. Will the support or service help you reach your goals, such as find or keep your job, help with your education, improve how you connect with your local community and/ or improve your relationships with your family or friends?
6. Should the support or service be funded by other government services instead?
7. Will the support or service help you participate in activities with friends and other members of your community, or help you find and keep a job?
8. Is it safe? Your supports and services should not cause you harm or put others at risk.

Don't worry, your Support Coordinator can assist you with this process.

## Your privacy

Your privacy is important to us. The following information will explain how we handle your personal confidential information and how your information is stored.

Your Service Agreement outlines our commitment to Privacy and Confidentiality. By filling in the Consent section and signing the Service Agreement, you give us your permission to contact other service providers and professionals or caregivers, which are part of your support team, to gather any information that will help us to better support you. Giving us the opportunity to collect this information from other service providers will tell us what has and what has not worked for you in the past. The more we understand about your situation, the more we can do to make sure we give you best service experience that we can provide. However, we will only contact these people after we get your consent to do so. We will not share any information that you give us or that we collect from other service providers without getting your permission first. Our team members will, of course, have access to your information as well as any relevant authorities, but only if we (or they) are concerned with your immediate health and wellbeing. If your health and wellbeing become a concern, we may also share your information with your legal guardian or caregiver, but only if requested.

If for any reason you choose to stop using our services, your information will be kept as per legal requirements for 7 years and then deleted.

You can request your files from us at any time by email at [office@networkcms.com.au](mailto:office@networkcms.com.au). If you have any further questions about how your personal information is handled, please speak with your Coordinator or Case Manager.

## Cancellation policy

We know that things happen but please let us know at least 1 working day before your appointment if you need to cancel your appointment. Unfortunately, your NDIS plan will still be charged for the appointment time if you fail to do so.

# Our responsibilities

## Network Case Management Services will:

- Communicate openly, honestly, and promptly.
- Treat you with courtesy and respect.
- Work with you on how your supports are provided and any decisions that are made.
- Listen to you for feedback and any problems which may arise.
- Give you 24 hours' notice if there is to be a change in a scheduled appointment.
- Check in with you via phone or email at least once a month to ensure everything is tracking well.
- Review your NDIS budget monthly to ensure your funds are being utilised correctly.
- Keep your personal information private.

# Your rights and responsibilities

As an individual using our services, you have rights that you should be aware of. We recognise your rights and are here to support and assist you in exercising these rights in achieving your goals.

## You have the right to:

- Access supports that promote, uphold and respect your legal and human rights.
- Exercise informed choice and control.
- Freedom of expression, self-determination, and decision-making.
- Access supports that respect your culture, diversity, values, and beliefs.
- An organisation that respects your right to privacy and dignity.
- Be supported to make informed choices which will maximise independence.
- Access supports free from violence, abuse, neglect, exploitation or discrimination.
- Receive supports which are overseen by strong operational management.
- Access services which are safeguarded by well-managed risk and incident management system.
- Receive services from team members who are competent, qualified and work with you to provide the supports that you want to achieve your goals.
- Consent to the sharing of information between providers during the transition.

# Your rights and responsibilities

## What we ask of you:

- Respect our team members, ensuring their workplace (your home) is safe, healthy, and free from harassment.
- Abide by the terms of your service agreement with us.
- Not breach any human rights when interacting with our employees.
- Understand that your needs may change, and with this, your services may need to change to meet your needs.
- Accept responsibility for your actions and choices even though some decisions may involve risk.
- Tell us if you have problems with the supports and services you are receiving.
- Give us enough information to develop, deliver and review your Support Plan.
- Care for your own health and well-being as much as you are able to.
- Provide us with information that will help us better meet your needs.
- Provide us with a minimum of 1 working day, preferably 2 working days' notice when you will not be available for your service or support.
- Be aware that our team members are only authorised to perform the agreed number of hours and tasks outlined in your service agreement.
- Participate in safety assessments of your home.
- Ensure pets are controlled during service provision.
- Provide a smoke-free working environment.

# Incidents

## What is an incident?

Network Case Management Services aims to protect and prevent harm to all our Participants, which is why we have systems to manage all incidents that might relate to people receiving our support and using our services.

An incident can include anything that has occurred or that you're concerned may occur in relation to the provision of our supports that has, or could cause harm. Our Incident Management Policy and Procedure involves identifying systemic issues in our practice and continually working with you to improve how we deliver our supports with you.

## How we support you as Coordinators when an incident occurs

As Network Case Management Services delivers Coordination and Case Management services we will liaise on your behalf with the provider where the incident occurred and ensure they are aware of the incident and that they follow their Incident Management Policy and Procedure.

Some incidents are more serious than others. If your incident is a reportable incident, which includes events that have, or are alleged to have, caused death, serious injury, abuse, neglect, or any restrictive practice to the person with disability, we will work with you to provide the support you require.

We will also work with the provider where the incident occurred to ensure this has been reported. These types of incidents are reported to the NDIS Commission within twenty-four (24) hours of the incident.

Network Case Management Services will follow our Incident Management Policy and Procedure and arrange for the necessary support and assistance to anyone affected by an incident. If you are affected by the incident, you may require the details of an independent advocate and strategies to take care of your ongoing safety and wellbeing after the incident.

As your Coordinator or Case Manager we will work with you to access other service providers such as a counsellor or psychologist, if necessary, to support you.

Our Incident Management Policy and Procedure is available on our website and can be sent to you upon request.

# Compliments, complaints and feedback

We are fortunate that we receive more compliments than complaints. Whilst we love hearing the feedback, we'd appreciate it in writing so we can share the great work our team do. We welcome any feedback that can help us improve the supports we provide to you. So please tell us if you are not happy with the support or services that you are receiving and let us know what we can do to improve your experience with us. We can arrange for interpreters, different communication aides, online, mobile, or other technology assisted ways, anything that will help you inform us.

If you have a concern, we will give you the time to explain what it is and listen to your suggestions about how we can address your concerns. Sometimes, it might take longer than one discussion to find a resolution. That is why we will help you complete our Compliments, Complaints and Feedback Form so that you can make sure we fully understand your point of view. With your written complaint to guide us, we can work with you to navigate all the issues, investigate your concerns completely and work out a fair and reasonable solution.

## To provide a written compliment:

- Call or email the office and request our Compliments, Complaints and Feedback Form and email it to [feedback@networkcms.com.au](mailto:feedback@networkcms.com.au)
- If you don't like emails, you can always call the office and we can fill in the Compliments, Complaints and Feedback Form for you while you're on the phone.
- The form is also available on our website.

## To make a complaint or provide feedback:

- Contact the person's Manager, or our Managing Director.
- Request the Compliments, Complaints and Feedback Form (also available from our website) and email through to [incident@networkcms.com.au](mailto:incident@networkcms.com.au)
- Use the feedback form on our website [www.networkcms.com.au](http://www.networkcms.com.au)
- If you don't feel comfortable making a complaint on your own, you can ask a family member, friend, or engage an advocate to support you.
- We will always treat you with respect and courtesy when you make a complaint and you can be as involved in the investigation and outcome as you would like to be.
- You can also contact the NDIS Quality and Safeguards Commission directly on 1800 035 544 or [www.ndiscommission.gov.au](http://www.ndiscommission.gov.au).

After completing the written complaint, the process will involve:

- Confirmation via email or phone that we have received your written complaint.
- If you'd like it, we'll provide you with our Compliments, Complaints and Feedback Policy and Procedure, which outlines our Complaints Management Process (also available from our website).
- We will gather all the facts from those involved and keep you informed of the progress.
- We welcome your collaboration to create actions that are mutually agreeable.

If you feel your complaint has not been resolved in a way that you had expected, you can make a complaint to the NDIS Commission. The NDIS Commission is independent and protects the interests of people who use the support and services of any NDIS Service Provider.

Complaints can be made verbally, in writing or by any other appropriate means, and can be made anonymously. A complaint can also be withdrawn at any time. If a person makes a complaint, the NDIS Commission will decide upon the appropriate action to take, such as:

- Take no action, or defer taking action in some cases (for example, if the complaint was not made in good faith or there is not enough information to continue); or
- Help the complainant and other affected people to work with the NDIS provider to resolve the complaint; or
- Undertake a resolution process.

# Advocates

## What is an advocate?

An advocate is a person who will listen to you and help you make decisions about the support and services you receive. An advocate is there to give you a voice when you are not sure that yours can be heard. An advocate will speak up on your behalf when choices are being discussed and make sure that organisations providing you support understand your needs and respect your rights. An advocate will speak out for you if your needs are not being met.

## Who can be your advocate?

You can ask anyone you know and trust to be your advocate, including a member of your family or a friend. Or you may want someone independent, a professional from a formal advocacy service.

You may wish to try:

**Ministerial Advisory Council on Disability:** Provides independent advice to the Western Australian Minister for Disability Services on issues affecting the lives of people with disability, their families and carers.

Phone or text **0435 046 248**

**People With Disabilities Western Australia (PWdWA):** The peak disability consumer organisation representing the rights, needs and equity of all Western Australians with physical, intellectual, psychiatric, or sensory disability via individual and systemic advocacy.

Phone **(08) 6243 6948**

Free call **1800 193 331**

Email [info@pwdwa.org](mailto:info@pwdwa.org)

## Health and Disability Services

**Complaints Office:** Independent statutory authority providing an impartial resolution service for complaints relating to health or disability services provided in the State of Western Australia.

Complaints and enquiries line  
**(08) 6551 7600**

Administration **(08) 6551 7620**

Fax **(08) 6551 7630**

Country Free Call **1800 813 583**

TTY **(08) 6551 7640**

Email [mail@hadsco.wa.gov.au](mailto:mail@hadsco.wa.gov.au)

**Or access** <https://www.commerce.wa.gov.au/consumer-protection/helpful-contacts-people-disability> for further information.





### **How do we work with advocates?**

With your permission, we provide your advocate with all the information they need to ensure that we and any other service providers are acting in your best interest. We work closely with your advocate and involve that person in the planning of services that will be provided for you. We ensure team members understand the role of an advocate and will also promote the use of advocates as a support person for people who receive services from us.

Network Case Management Services will make sure your Advocate is invited to:

- Consultation meetings
- Person-centred planning meetings
- Reviews
- Other relevant meetings or conferences



## Exit Process

We encourage everyone to use their choice and control. If we are no longer the right provider for you, send us an email to let us know you would like to end your service agreement with us. We will acknowledge your email by phone or return email.

As per your service agreement, services and payments will cease four weeks from receiving your email. We encourage you to call to discuss any matters, so that we may include this information as part of our continuous improvement process.

## Re-engaging

We understand the grass isn't always greener! If you'd like to re-engage with us at any time please call or email us and, if we have capacity, we'll commence the intake process again with you.

## How to reach us

Office phone

**(08) 9387 6881**

Website

**[www.networkcms.com.au](http://www.networkcms.com.au)**

Office address

**1/434 Cambridge Street, Floreat WA 6014**

Office email

**[office@networkcms.com.au](mailto:office@networkcms.com.au)**

Compliments email

**[feedback@networkcms.com.au](mailto:feedback@networkcms.com.au)**

Complaints email

**[complaints@networkcms.com.au](mailto:complaints@networkcms.com.au)**

## Notes

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